

# KENYA

WELLNESS SAFARI



JUNE 01 - 10, 2025

# KENYA / EXPEDITION OVERVIEW

An active, authentic African adventure immersed in wildlife and culture. Join Expedition Terra and Epic Quest for an exclusive and personal Kenyan experience. An active safari – for those who want to get out of the Land Rover and get as close to wildlife as possible. Our safari headquarters are on Borana Conservancy, near Mount Kenya, an area rich in wildlife you'll take in from open Land Cruiser and horseback. We'll then venture to Manda Bay, located on the northern tip of Manda Island in the Lamu archipelago on Kenya's coast. An unspoilt, secluded location where you can switch off from the rest of the world, take your shoes off and enjoy simplistic beauty in palm thatched cottages and open living spaces.

## DATES

June 1-10, 2025

## COST

\$14,200 USD per person

## DURATION

10 days, 9 nights

## LOCATION

Lakipia/Manda Bay, Kenya

## HOW TO BOOK

Easy! [Follow this link](#), click BOOK NOW, and fill in your information. A 50 % deposit is required at the time of booking.

For additional questions, please reach out to [hello@expeditionterra.co](mailto:hello@expeditionterra.co)!

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## ITINERARY

Most days will start with coffee— and for early risers a breathtaking sunrise—before we head out for an early morning game drive or SUP. Enjoy a leisurely morning breakfast before a relaxing afternoon of yoga, pool time, or a massage. The animals are best seen early morning and late afternoon, so we'll head out for another game drive in the evening before enjoying a scenic sundowner. Head back to the lodge for cocktail hour and group dinner, enjoying fresh meals and prepared from scratch and locally grown and sourced ingredients.

**June 1st :** Arrival in Nairobi, transfer to hotel

**June 2nd :** Private charter flight from Nairobi to Lewa, check-in at Laragi House

**June 3rd :** Full day on Borana Conservancy

**June 4th :** Full day on Borana Conservancy

**June 5th :** Full day on Borana Conservancy

**June 6th :** Final morning game drive, private charter flight from Lewa to Manda Bay

**June 7th :** Full day at Manda Bay

**June 8th :** Full day at Manda Bay

**June 9th :** Full day at Manda Bay

**June 10th :** Morning at Manda Bay, afternoon private charter flight to Nairobi, transfer to international airport (NBO), depart for home

### A TYPICAL DAY @ LARAGAI

5:00am: Early morning coffee

5:30am: Morning game drive

10:00am: Brunch

1:00pm: Afternoon yoga

2:00pm: Lunch

3:00pm: Massage, swim, tennis or nap

4:30pm: Afternoon game drive to sundowner

7:30pm: Cocktail hour

8:30pm: Group dinner

### A TYPICAL DAY @ MANDA BAY

7:00am: Morning SUP or kayak

9:00am: Breakfast

10:30am: Snorkel, lounge by the pool, ocean swim, or yoga

12:00pm: Mid-day yoga session

1:30pm: Lunch

3:00pm: Afternoon game drive on the island to sundowner

7:00pm: Cocktail hour

8:00pm: Dinner

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## LARAGAI

Laragai House is an exclusive home situated on a 32,000 acre private conservancy, Borana Conservancy. Wildlife viewings are enjoyed from open safari vehicles, horseback and mountain bike. Spending time at Laragai house can be as relaxed or action-packed as you wish. For some rest and relaxation, spend the day taking in the view, looking out for elephants or cape buffalo at the nearby watering hole, enjoy a massage, or relax poolside. Borana Conservancy holds the highest diversity of large mammal species of any ecosystem of its size in the world. It is home to many special species including elephant, black rhino, white rhino, lion, Jackson's hartebeest, reticulated giraffe, buffalo, leopard, striped hyena Grevy's zebra and other endangered species.

Borana Conservancy, in partnership with its neighboring communities, provides a sustainable ecosystem for critically endangered species, including black rhino, elephant, lion, reticulated giraffe and Grevy's zebra. The holistic approach commits tourism, livestock and other commercial enterprises to building local livelihoods and enhance ecosystem integrity.

In 2013, in an innovative move, Borana and Lewa decided to drop their fences to create the Borana-Lewa Landscape. This decision, which put the needs of the wildlife before anything else, allows animals to cross between the two conservancies and increases their living space by double to create the largest, and one of the most successful, rhino habitats in East Africa. Now over 160 black and white rhinos call the Lewa-Borana Landscape home and their relocation, protection and ongoing care has allowed their numbers to flourish over the years.



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## ARRIVAL / DEPARTURE

You'll fly into Nairobi, Kenya (NBO, Jomo Kenyatta International Airport) arriving anytime on June 1st, your concierge will meet you at your gate to escort you to your transfer to the hotel. Departure day is June 10th, you'll want to secure an evening flight, most international flights depart between 10pm and 1am.

## WHAT'S INCLUDED

- 9 nights' accommodation
  - 1 night in Nairobi
  - 4 nights at Laragai House
  - 4 nights at Manda Bay
- All private charter flights within Kenya
- 3 fresh, organic meals per day
- Unlimited coffee, tea & water
- All house alcoholic beverages
- Airport pickup & drop off with full concierge service
- Wi-fi
- 2 daily game drives @ Laragai House
- 1% Conservation contribution
- Daily yoga
- 2 massages
- Unlimited kayak & SUP @ Manda Bay

## WHAT'S NOT INCLUDED

- Airfare (to/from Nairobi)
- Passport and visa expenses; tourist entry fees may apply depending on your nationality
- Any government arrival and departure airport taxes
- 1 lunch in Lamu
- Excess baggage charges
- Travel insurance, including baggage and cancellation/interruption insurance
- Premium alcoholic beverages
- Gratuity for villa & guide staff

## TRAVEL INSURANCE

Travel insurance that includes emergency medical coverage is required for this expedition. For US citizens, we recommend the [Travelex Select](#) policy with the Adventurer Pak upgrade. Other commonly used companies include Global Rescue and World Nomads. We also highly recommend adding trip cancellation/interruption coverage to your policy (included in the Travelex Travel Select policy).

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## MANDA BAY

Manda Bay is a small privately owned boutique lodge located on the northern tip of Manda Island in the Lamu archipelago on Kenya's coast. An unspoilt, secluded location where you can switch off from the rest of the world, take your shoes off and enjoy simplistic beauty in palm thatched cottages and open living spaces. Manda Bay combines the ultimate bush and beach experience with miles of soft white sand on a private beach and Coconut palms mixed with Doum palms, Acacia Tortilis and a variety of wildlife

There are kayaks and paddle boards available to use and this is a very peaceful activity where you can drift on the high tide up the mangrove creeks and see turtle bobbing up for air, a host of birds, monkeys and skipping fish.

We'll visit the Manda ruins, an ancient human settlement that dates back nearly 1,000 years. A few remnants of this town can be seen if you take a drive where you experience a complete contrast from the beach and see old coral buildings amongst enormous baobab trees and acacia woodland. Manda Bay is home to a host of creatures both large and small and whilst most of the animals are nocturnal including the greater Galago bushbaby, white tailed mongoose, civet cat, porcupine, hyaena, genet cat and occasionally leopard; we regularly see dik-dik, buffalo and bushbuck, dwarf mongoose, yellow baboons and vervet monkeys. During the dry season, we provide fresh water for the animals and guests can meet them at the waterhole.



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## PAYMENT

A 50% deposit is required to reserve your spot and the final balance is due 60 days prior to the expedition start date.

## CANCELLATION POLICY

All cancellation requests must be received in writing (via email). Cancellation received up to 60 days prior to departure are refunded less an administrative fee of \$500 per person. If cancellation is received between 31 and 59 days prior to departure, the deposit is forfeited. Refunds for cancellations within 30 days of departure will not be granted.

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